

♥ UNITEEN RETREAT HEART AGREEMENT♥ (revised 5/09)

To support an environment that creates opportunities for spiritual self-discovery, and maintains physical & emotional safety for all, I commit to the following...

- 1. I agree to look for the highest good in all and to fully participate with the group in all scheduled activities. Specifically, I agree:
- To listen when others are talking & to practice centering during meditation and prayer.
- Not to take part in put downs, pranks or judgments of myself or others.
- Not to offend or degrade anyone with my language or jokes.
- To clean up after myself in all areas of the camp, including the dining hall & the cabins.
- To pack-up & clean-up the cabin on Sunday morning within the allotted time.
2. I will support & show proper respect for myself, teens & adult leaders. Specifically, I agree:
- To refrain from aggressive rough-housing, fighting & other inappropriate physical contact.
- I understand that intimate behavior (i.e. sexual activity, unwanted physical contact, public displays of affection which cause others present to feel uncomfortable) is inappropriate in this group setting.
- To give my loving support, cooperation and attention to all speakers, facilitators, and cabin leaders.
- Create through my words and actions a loving, sacred and safe atmosphere.
3. I will show proper respect for the facilities, equipment, environment & everyone's personal belongings. Specifically, I agree:
- Not to enter the porch or the cabins of the opposite sex.
- To only be in a cabin while an adult is present.
- Not to share a bed with anyone in my cabin.
- To not touch personal belongings of anyone unless I have his/her permission.
- To honor quiet time, good night prayer time and lights out.
- To not bring any cell phones, CD/MP3 players & any electronic devices. I understand that only adults are allowed to carry cell phones in the off/silent setting.
- To dress appropriately, specifically, to not wear short-shorts, mini-skirts & clothing that does not cover the midriff.
4. I agree to follow directions, guidelines & remain in designated areas. Specifically, I agree:
- To be present for all activities and honor guidelines during all activities.
- To be on time for all activities.
- To respect the camp environment by not littering & by properly disposing of trash.
- To stay within the specified boundaries of the camp.
5. I agree to seek "natural highs" only. I understand that the use or possession of energy drinks, alcohol, tobacco or illegal drugs or substances are not allowed.

6. TO SUPPORT THE CONSCIOUSNESS OF THIS EVENT, I AGREE TO UPHOLD THESE AGREEMENTS THROUGHOUT MY ENTIRE EXPERIENCE—FROM MY TRAVEL TO REGISTRATION, THROUGH TRAVEL HOME AFTER CLOSING CEREMONIES.

I HAVE READ AND ACCEPT THE RESPONSIBILITY TO FOLLOW THE AGREEMENTS SET FORTH FOR THE UNITEEN RETREAT. TO ENSURE THE SAFETY OF EACH INDIVIDUAL'S SPIRIT, MIND AND BODY, I UNDERSTAND THAT THE ABOVE COMMITMENTS ARE ESSENTIAL FOR THE GROUP'S HIGHEST GOOD. I AM RESPONSIBLE FOR MY OWN CHOICES AND BEHAVIOR. IF MY CONDUCT IS DETRIMENTAL TO THE SPIRIT OR INTENT OF THIS EVENT, I UNDERSTAND THAT I MAY BE SENT HOME AT THE EXPENSE OF MYSELF OR MY PARENT(S)/GUARDIAN OR SPONSORING MINISTRY.

SIGNATURE OF UNITEEN OR ADULT LEADER ATTENDING THE RETREAT:

▶ _____ DATE _____

PARENT'S AGREEMENT: I have gone over the agreement with my teen. Should he/she need to be returned home before conclusion of the event due to health, disciplinary or other challenges, I will cooperate with the event leadership to arrange his/her immediate transportation home at my expense.

SIGNATURE OF PARENT OF UNITEEN ATTENDING THE RETREAT:

▶ _____ DATE _____