

Rally Preparation for YOUers and Sponsors

Sponsors, please have a “Pre-Rally Meeting” to prepare your YOU Chapter for a wonderful Rally experience. It is very important, especially for the 1st time YOUers and sponsors, so they are familiar with the Rally content. Even if you think your chapter is familiar with Rally and doesn’t need a meeting, do it anyway!!!

Discuss each of the following:

Rally Heart Agreement (IMPORTANT! IMPORTANT! IMPORTANT!)

The Rally has a large attendance and appropriate behavior and positive cooperation by each and every person will contribute to a satisfying experience for everyone. ***Please discuss in detail*** each of the agreements so there is no misunderstanding of what the agreements mean. Also, the importance of lights out, getting to sleep. YOUers sometimes want to stay up late talking then the next day they lack necessary energy to participate fully. Also, please discuss what is **appropriate dress, appropriate dancing, and what it means to honor each others space.**

Individual Expectations for Rally

It is important for each person to set individual goals for the time at Rally. Typical goals might be feeling closer to God, making friends, renewing friendships, taking more time to pray, learning to speak up in a group, sharing a special talent or ability, learning to appreciate and get along better with others. Be sure to consider and discuss any questions or apprehensions of individuals who will be attending their first Rally.

Individual Contributions to the Rally

Encourage your chapter members to get to know as many new people as possible, as well as helping others who are shy or in need of encouragement to be drawn into the “oneness” of the group. Give all speakers loving attention and support.

Discuss Each Persons’ Responsibilities at Rally

All individuals at Rally must attend **All Activities** and stay with the group at all times, this includes sponsors. Sponsors please try to sit within the group in the auditorium. Mix in with the group. Sponsors do not need to sit in the back rows. No one may be in their dorm during scheduled activities or switch rooms or roommates. Please plan to arrive no later than 6:00 to get checked in before the program begins at 7:00.

Rally Events & Info

Joy Songs: Songs which are sung by all participants at various times throughout the rally to help get the energy moving.

Meditation: Please discuss meditation with the YOUers, what it is and what it is not. It is about experiencing our spirituality, feeling our connection with God and sensing God’s guidance. It is a time to focus our inner concentration on God. Please honor the space of other participants by allowing them physical space. Unless otherwise directed for a specific meditation each individual should be in their own physical space without connecting with someone else.

Vespers: Closing the events of the day with prayer or meditation

Fuzzy Lane: At the end of the evening when everyone exchanges friendly hugs and then moves on to their rooms. Please demonstrate for new people what appropriate fuzzies are.

Business Meeting (held on Saturday at Spring Rally)
Importance of Business Meeting and election of new Regional Officer Team.

Family Groups: Each YOUer and adult will be assigned to a Family Group for the weekend. Family Groups provide a small group setting which follows “Family Material” lead by a YOUer and/or Sponsor. This is considered one of the most rewarding experiences of Rally.

Head Sponsors: A team of experienced sponsors who assist the Regional Team in maintaining harmony and order throughout the Rally weekend. They are there to assist you in any way possible. Don’t hesitate to ask them questions or ask for assistance.

God Squad: A chapter that has agreed to assist at the end of fuzzies to help move everyone on to their rooms.

Chapter Committees: Most chapters will be assigned responsibilities at Rally such as table blessings and wiping, registration, God squad, etc. You will receive your prior to rally via email and usually a phone call. Please be sure that your chapter is prepared to fulfill their responsibility.

Spirit Sharing: This is a fun opportunity for the YOUers to share their wonderful spirit and talents. To participate, the YOUer needs to submit the Spirit Sharing form with their registration form. There will be an organizational meeting during free time.

Secret Pals: This is another fun activity. At registration you will receive the name of a secret pal. Throughout the Rally you present your secret pal with small gifts, cards, have someone carry their tray at lunch, sing them a song, etc., be creative. It is fun to be on the receiving end and it is so much fun to give in this way. At the end of Rally, you introduce yourself to your secret pal.

Water & Snacks: Please bring enough drinking water for your chapter for the weekend. There are drinking fountains if you want to bring refillable bottles. Light snacks will be provided at the end of each night. Please be sure that all trash goes in the trash cans.

Food: If you have special dietary needs (ie – vegan, gluten free, lactose intolerant, etc.) we are unable to meet these specific needs at most camps. Meat-free meals will be provided, but if you have more specific needs you will need to bring your own food.

Experience of YOUers – Have YOUers and sponsors who have previously attended Regional Events share with the “First Timers” their experiences and what they felt on their first event.